

BORDERLOOP CYCLE ROUTE

What is it?

A 250-mile circular way-marked route through the Scottish Borders countryside.

Why do it?

Stunning views and great opportunities to explore the varied scenery of the region from rolling hills and moorland to farmland and coastline. The route goes through picturesque towns and villages including Peebles, Melrose and Kelso.

There are lovely places to see, high quality restaurants and coffee stops and historic visitor attractions en-route

How tough?

Moderate - a few steep sections.

The vast majority of the route is on quiet roads. The entire Borderloop takes around 7 cycling days to complete but several possible shortcuts offer alternative itineraries

Where to stay?

All suggested accommodation below is Cyclist Welcome accredited which means they provide additional facilities for visitors touring Scotland by bicycle, such as secure bike storage, clothes-drying facilities and flexible eating arrangements to accommodate unpredictable arrival times.

There is more accommodation available in all areas Visit *www.visitscottishborders.com* for details.

Where to Stay

Inexpensive (under £35pppn)

MELROSE

Braidwood, 4★ B&B, Buccleuch Street, Melrose Tel 01896 822488 www.braidwoodmelrose.co.uk

Dunfermline House, 4★ Guest House, Buccleuch Street, Melrose Tel 01896 822411 www.dunfermlinehouse.co.uk

Fiorlin B&B, 3★ B&B, Abbey St, Melrose Tel 01896 822 984

www.melroseaccommodation.co.uk Old Abbey Schoolhouse, 3★ B&B, Melrose

Tel 01896 823 432 www.melroseaccommodation.co.uk

COLDINGHAM/ST ABBS/EYEMOUTH

Spring Bank Cottage 3★ B&B, The Harbour, St Abbs Tel 01890 771477 www.springbankcottage.co.uk

KELSO

Inglestone House, 3★ Guest House, Abbey Row, Kelso Tel 01573 225800 www.inglestonehouse.com

HAWICK

Wiltonburn Farm 3★ B&B, Wiltonburn Farm, Hawick Tel 01450 372 414 www.wiltonburnfarm.co.uk

Rosemount, 3★ B&B, 84 Weensland Road, Hawick Tel 01450 375405

Kirkton Famhouse, 4★ B&B, Kirkton Farmhouse, Hawick *www.kirktonfarmhouse.co.uk* Tel 01450 363 464

PEEBLES

Lindores, 3★ Guest House, Old Town, Peebles Tel 01721 722072 www.lindorespeebles.co.uk

Whities, 3★ B&B, High Street, Peebles Tel 01721 721605 www.whities.co.uk

NEAR PEEBLES

Craiguart B&B, Eshiels, Innerleithen Road, Peebles Tel 01721 720219 www.craiguart.co.uk

Glede Knowe, 4★ Guest House, St Ronans Terrace, Innerleithen Tel 01896 831295 *www.gledeknowe.co.uk*

Moderate (£45-£70pppn)

MELROSE

The Townhouse, 3★ small hotel, Melrose Tel 01896 822645 www.thetownhousemelrose.co.uk

Burts Hotel, 3★ small hotel, Melrose Tel 01896 822285 www.burtshotel.co.uk

George & Abbotsford Hotel, 2★ Hotel Tel 01896 822308 www.georgeandabbotsford.co.uk

COLDINGHAM/ST ABBS/EYEMOUTH

Dunlaverock House 4★ Guest House, Coldingham Sands, Coldingham Tel 01890 771450 www.dunlaverock.com

PEEBLES

The Tontine, 3★ hotel, High Street, Peebles Tel 01721 720892 www.tontinehotel.com

INNERLEITHEN (Near Peebles)

Caddon View, 4★ Guest House, Pirn Road, Innerleithen Tel 01896 830208 www.caddonview.co.uk



BORDERLOOP CYCLE ROUTE INFO

Biking Information

The Route:

The route can be split in many ways depending on the distance to be cycled each day:

Possible itinerary

Melrose – Duns (31 miles) Duns – St Abbs/Eyemouth (25/27 miles) Eyemouth – Kelso (approx 39 miles) Kelso– Hawick (approx 46 miles) Hawick – St Mary's Loch/Tweedsmuir (approx 33/39 miles) Tweedsmuir – Peebles (approx 23 miles) Peebles – Melrose (42 miles)

Get a map/more info:

buy a map of the borderloop More info on recreational cycling and longer distance waymarked cycle routes in the Scottish borders www.cyclescottishborders.com General info on attractions and accommodation in the Scottish Borders www.visitscottishborders.com





Cycle hire/repair:

KELSO

Simon Porteous Cycles (Sales & repairs) Tel 01573 223 692

GALASHIELS

Singletrack Bikes (Sales and repairs) Tel 01896 758327 www.singletrackbikes.co.uk

JEDBURGH

Christopher Rainbow (hire) Tel 01835 830326

P&S Dorricott (sales, hire and repairs) Tel 01835 862 423

PEEBLES

Glentress Bike Hire (Sales, hire and repairs) Tel 01721729756 www.glentressbikehire.co.uk Hub in the Forest (Sales, hire and repairs) Tel 01721 729736 www.thehubintheforest.co.uk

INNERLEITHEN

Alpine Bikes (Hire, sales and repairs) Tel 01896 830 880 www.alpinebikes.com i-cycles (sales and repairs) Tel 01896 833848



BORDERLOOP CYCLE ROUTE INFO

Recommended coffee stops/lunch/dinner:

MELROSE

Burts Hotel, award-winning food Bar lunches and suppers plus evening restaurant Tel 01896 822285 www.burtshotel.co.uk

The Townhouse Bar lunches and suppers plus evening restaurant Tel 01896 822645 www.thetownhousemelrose.co.uk

Russells Coffee, cakes and lunches (9am –4.30pm) Tel 01896 822 335

Monte Cassino – Italian restaurant Lunch and dinner Tel 01896 820082 www.montecassinomelrose.co.uk

Marmions Brasserie Light & full lunches, evening meals Tel 01896 822245 www.marmionsbrasserie.co.uk

ST ABBS

Ebbcarrs Cafe Tel 01890 771302

NR COLDSTREAM

The Hirsel Cottage Tea Room, The Hirsel, Coldstream Coffees, baking, light meals Tel 01890 883645 www.hirselcountrypark.co.uk

KELSO

Floors Castle Terrace Café and Courtyard Restaurant Coffees and lunches

Tel 01573 233333 www.roxburghe.net

Oscars, Kelso Contemporary bistro cuisine, Dinner Tel 01573 224008 www.oscars-kelso.com

JEDBURGH

Simply Scottish, High Street, Jedburgh Coffees, light lunches and full meals (10am – 5pm) Tel 01835 864696

Spread Eagle, High Street, Jedburgh Evening bar meals Tel 01835 862 870 www.spreadeaglejedburgh.co.uk

NEAR JEDBURGH

Cross Keys Hotel, The Green, Ancrum Evening bar suppers Tel 01835 830344 *www.ancrumcrosskeys.co.uk*

Woodside Walled Garden Soups, sandwiches, cakes and coffees. Woodside, nr Harestanes, Jedburgh Tel 01835 830 315

Caddy Mann – Mount Hooly Delicious homemade dishes created with local produce Tel 01835 850 787 www.caddymann.com

HAWICK

Turnbulls Award-wining delicatessen and coffee shop Tel 01450 372 020 www.turnbullshop.com

Damascus Drum, Bookstore and cafe Tel 07707856123 www.damascusdrum.co.uk

Bean Scene, Food, coffee and music Tel 01450 376 228 www.beanscene.co.uk

ST MARY'S LOCH

Tibbie Shiels Inn Coffees, lunch, evening meals Tel 01750 42231 www.tibbieshiels.com Glen Café Coffees, baking and snacks Closed Tuesdays Tel 01750 42241 www.glencafe.co.uk

PEEBLES

The Sunflower Restaurant, Bridgegate, Peebles Mon-Sat coffees and lunch Thur-Sat dinner Tel 01721 722420 www.sunflowerrestaurant.co.uk

County Inn, High Street, Peebles Lunch & Dinners Tel 01721 720595

Oven Door Tearoom, Open all day Coffees, lunches and dinners Tel 01721 723456

Ramblers Tearoom Old Town, Peebles Coffees, lunches and snacks 7.30am – 4pm Tel 01721 723636

Tontine Hotel Coffees, lunches, dinners 7.30am – 9.30pm Tel 01721 720892 www.tontinehotel.com

INNERLEITHEN

Whistle Stop Café & Flower Shop, High St, Innerleithen Coffees, snacks, lunches, high teas (Daytime) Tel 01896 830370 www.whistlestopcafeinnerleithen.co.uk

GALASHIELS

Pipers Cafe Tel 01896 757 525 Bambu Coffees, light meals, Tel 01896 758 102





BORDERLOOP CYCLE ROUTE INFO

What to see? A few suggestions on things to see en-route:

ABBOTSFORD HOUSE, nr Melrose

Historic home of Sir Walter Scott, one of Scotland's most important literary figures. Tearoom and gift shop on-site. Open mid March – end October

Admission charged

MELROSE ABBEY

Melrose Abbey is a magnificent ruin on a grand scale with lavishly decorated masonry including the bagpipe-playing Melrose pig. The Abbey is thought to be the burial place of Robert the Bruce's heart, marked with a commemorative carved stone plaque within the grounds. Visitors can also visit a small museum housing a display of artifacts found within the abbey.

Admission charged - open all year

THE HIRSEL COUNTRY PARK (COLDSTREAM)

Walks, tearoom. Craft centre and museum Admission Free to cyclists/pedestrians Open all Year www.hirselcountrypark.co.uk

COLDSTREAM MUSEUM, MARKET SQ, COLDSTREAM

Traces the history of the Coldstream Guards Admission free Open end March – October Mon-Sat 10-4pm, Sun 2-4pm

KELSO ABBEY

Kelso Abbey was founded during the reign of King David I (1124-1153). At one time the grandest of the Border Abbeys, its location meant it saw many English armies pass by over the centuries. Regular raids by the English (particularly in the 1540s under Henry VIII) have led to little of this magnificent building surviving. Admission free – open all year

FLOORS CASTLE

Built in 1721, Floors Castle is the ancestral home of the Duke of Roxburgh and still inhabited by the current Duke and his family. There is an interesting garden centre in the grounds which is open all year, and two tearooms:

- The Terrace Café (nr garden centre) open all year
- The Courtyard Restaurant (open during the tourist season)

Admission charged for the Castle - open Easter - October

TEVIOT WATER GARDENS & SMOKERY

Riverside display garden and riverside walks, food, Food/Craft Hall, Aquatic/Garden Centre, Smokery and Conservatory Restaurant.

Admission free – Open all year, 10am-5pm

HARESTANES VISTOR CENTRE, nr Jedburgh

Exhibitions and countryside walks, crafts businesses, gift shop and tearoom. Park open all year Gift shop and tearoom open April – October only Admission free

JEDBURGH

Mary, Queen of Scots House Museum in Jedburgh devoted which tells the story of the Life of Mary Stuart, Queen of the Scots Admission Free – Open all year

JEDBURGH ABBEY

Jedburgh Abbey, founded in 1138, was a frequent target for invading border armies. Today, there is a cloister and herb garden to explore, and a visitor centre containing 8th century carvings and artifacts excavated from the abbey grounds. Admission charged – open all year



DAWYCK BOTANIC GARDENS, Stobo, nr Peebles

Renowned for its seasonal displays, an abundance of exotic and native plants provides a breathtaking backdrop of colour throughout the year Open Feb – Nov Admission charged www.rbge.org.uk

TRAQUAIR HOUSE, Innerleithen, nr Peebles

Oldest continuously occupied house in the British Isles. Also the site of a brewery, craft workshops and tearoom. **Open April – November Admission charged** *www.traquair.co.uk*

FARMERS MARKETS

The Scottish Borders is home to a host of local producers creating everything from cured meats and cheeses, to farmhouse ice creams.

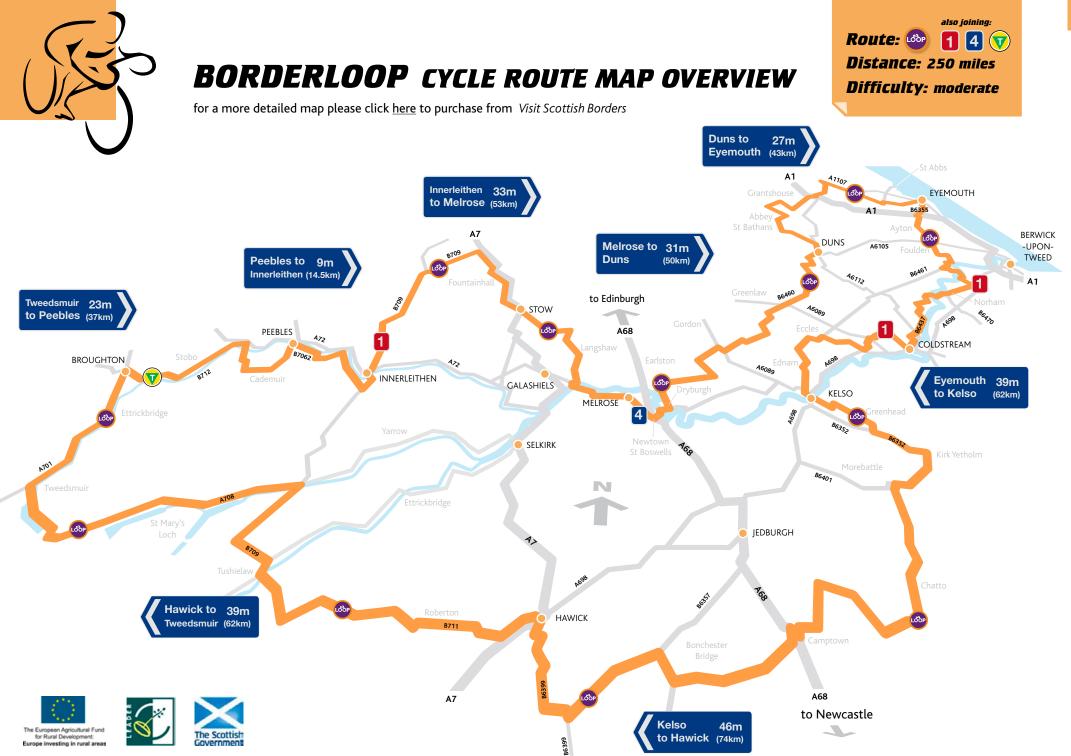
Great places to pick up goodies for a packed lunch or foodie gifts to take home.

Kelso Farmers Market – 4th Saturday of the month, 9.30am – 1.30pm, Kelso Town Square

Hawick Farmers Market – 3rd Friday of the month, 9.30am - 1.30pm, Hawick

Jedburgh Farmers Market –First Friday of the month, 9.30am – 1.30pm, Market Place, Jedburgh

Peebles Farmers Market –2nd Saturday of the month, 9.30am - 1.30pm, Eastgate Carpark



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